



ALIVE WITH YOUTH.

Just What the Doctor Ordered

Many of our Preferred Customers and Business Associates have asked us, "What's the Best Amount of Via To Take?" Ultimately, that decision is Yours, but here are the what the Experts Recommend...



W. Bruce Ketel, M.D., Board Certified Neurologist – Glenview, Illinois

I've been taking VíaVienté since August 2003 and have seen tremendous results within myself, my family & my patients. **I take 2 oz of Via Twice a day** (morning and night) and have noted significant improvements in my energy, increased stamina & strength during my 1 hour work outs which my personal trainer also could see. My morning diabetic sugars improved from 130 to 115 and after 3 months my cholesterol reduced from 224 to 125 and my triglycerides normalized. **I most definitely recommend everyone taking 3 to 4 ounces of VíaVienté per day.**

Kathryn Wood, M.D., Board Certified Ob-Gyn – Frisco, Texas

I have been taking VíaVienté since October, 2004, and have noticed that my energy is improved and my digestion is improved as well. I also notice that I have less stiffness in my neck and shoulders with regular use. I have quite a few patients who have noticed significant improvement in their arthritis and other aches and pains as well. **I take two to three ounces twice daily.** For my diabetic patients, **I believe it is important to take at least one to two ounces three times daily** to stabilize blood sugars throughout the day.



Paul Michaels, D.C., Chiropractic Physician – River Forest, Illinois

For the past 10 years I've been suffering from seasonal allergies which typically last from May to September. When necessary I've taken over the counter medicines for days in a row to alleviate the symptoms. **I began taking 4 ounces of VíaVienté each day in August of 2004** and I continue to take that quantity based on how great VíaVienté makes me feel. Not only do I feel better, but I rarely need to ever take anything in addition to Via to keep my allergy symptoms in check. **I recommend my patients drink VíaVienté as their daily insurance to optimal health and to take 4 oz or more of Via per day.**



The VíaVienté Clinical Trial **confirms** the benefits of VíaVienté to health – including reduction in inflammation, pain and stiffness. The study found that VíaVienté improved the participants' quality of life, overall health & vitality, and reduced pain and stiffness. **Taking 3 ounces per day**, within 6 weeks, the Results of the Miami Research Associates Clinical Trial (2004) show significant reduction in:

- Joint Pain**
- Joint Stiffness**
- Blood Pressure**
- Blood Sugar**
- Heart Rate**

As You Can See, Consistently Taking 3 To 4 Ounces Or More Of VíaVienté Each Day Can Make An Extraordinary Difference In Your Life and Your Wellness. So Start Today. **Fill Up Your 2 oz. VíaVienté Glass And Drink It Two Or Three Times A Day. Your Body Will Thank You!**